

<b>Module Title:</b>	Application of Bodyworks in Clinical Practice	<b>Level:</b>	6	<b>Credit Value:</b>	40
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<b>Module code:</b>	CMP614	<b>Is this a new module?</b>	Yes	<b>Code of module being replaced:</b>	CMP609
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<b>Cost Centre:</b>	GACM	<b>JACS3 code:</b>	B300
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<b>Trimester(s) in which to be offered:</b>	1, 2	<b>With effect from:</b>	September 16
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<b>School:</b>	Social & Life Sciences	<b>Module Leader:</b>	Gemma Jones
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Scheduled learning and teaching hours	50 hrs
Guided independent study	200 hrs
Placement (on-site clinic)	150 hrs
<b>Module duration (total hours)</b>	<b>400 hrs</b>

<b>Programme(s) in which to be offered</b>	Core	Option
BSc (Hons) Complementary Therapies for Healthcare	<input checked="" type="checkbox"/>	<input type="checkbox"/>

<b>Pre-requisites</b>
None

Office use only

Initial approval August 16

APSC approval of modification *Enter date of approval*

Version 1

Have any derogations received SQC approval?

Yes  No

Revised May 2021 – AM2 temporary reduction of minimum placement hours to 70hrs for 2020-21 only due to Covid-19.

Version: 3

Revised Sep 2021 – Revert back to pre-covid placement hours.

<b>Module Aims</b>
<ol style="list-style-type: none"> <li>1. Advance student's practice of Massage, Aromatherapy and Reflexology enabling safe and professional management and treatment.</li> <li>2. Equip the students with the skills to investigate the evidence base for Body Massage, Aromatherapy and Reflexology and the implications for practice.</li> <li>3. Allow the students to examine the legal, professional, ethical and safety issues that impact on the practice of Massage, Aromatherapy and Reflexology.</li> </ol>

<b>Intended Learning Outcomes</b>			
Key skills for employability			
KS1	Written, oral and media communication skills		
KS2	Leadership, team working and networking skills		
KS3	Opportunity, creativity and problem solving skills		
KS4	Information technology skills and digital literacy		
KS5	Information management skills		
KS6	Research skills		
KS7	Intercultural and sustainability skills		
KS8	Career management skills		
KS9	Learning to learn (managing personal and professional development, self-management)		
KS10	Numeracy		
At the end of this module, students will be able to		Key Skills	
1	Assess and critique the underpinning principles of advanced massage, reflexology and aromatherapy techniques.	KS1	KS2
		KS3	KS6
		KS7	KS9
2	Critically apply appropriate massage, reflexology and aromatherapy techniques to a range of conditions supported by rationales.	KS1	KS2
		KS3	KS6
		KS7	KS9
3	Evaluate the evidence base for massage, reflexology and aromatherapy.	KS1	KS3
		KS4	KS5
		KS6	KS9

4	Demonstrate the skills required for managing clinical practice.	KS1	KS2
		KS3	KS5
		KS7	KS10
5	Critically appraise own practice using reflective practice techniques.	KS1	KS2
		KS3	KS6
		KS7	KS9

Transferable/key skills and other attributes

Reflective practice  
Report writing  
Problem-solving  
Effective Communication  
Ethical consideration  
Independent practice  
Working with others

***Practical elements of this module have been designed to match the National Occupational Standards for Massage, Reflexology and Aromatherapy.***

**Derogations**

Credits shall be awarded by an Assessment Board for this module when a mark of at least 40%, or a pass grade, has been achieved in all elements of assessment.

**Assessment:**

**Assessment One:**

The written assessment for this module will focus on observed sessions with patients at level 6, followed by the submission of 3 case studies one of each modality: aromatherapy, reflexology and massage.

**Assessment Two:**

A practical exam to be undertaken towards the end of Trimester 2. Students must demonstrate safety and competence of treatment protocols with clear rationales for the use of techniques applied.

**Assessment Three:**

Students must achieve a minimum of 150 clinical hours at Level six to pass this element of assessment.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1, 3,	Case Study	50%		1000 words each
2	2, 4, 5	Practical	50%	75 min	
3		Attendance	Pass	150 hours	

**Learning and Teaching Strategies:**

The module will be taught through a combination of practical sessions, peer and group supervision, peer evaluation, action learning and reflective journals. The practical sessions will involve the application of skills for each discipline within a working clinic environment.

**Indicative Syllabus outline:**

The module draws on the skills and knowledge acquired at levels 4 and 5 enabling the student to demonstrate practical clinical skills and clinic management.

Clinic management

Case taking

Evidence base practice

Critical analysis of case work

Critique of research

Reflective learning journals and Action learning

**Bibliography:**

**Essential reading**

Moon, J. (2006), *Learning Journals: A Handbook for Reflective Practice and Professional Development*, London: Routledge.

Moon, J. (2007), *Critical Thinking: An Exploration of Theory and Practice*, London: Routledge.

**Other indicative reading**

Chaitow, L. and Fritz, S. (2007), *The Massage Therapists guide to Lower Back and Pelvic Pain*, London: Churchill Livingstone.

Clarke, S. (2005), *Essential Chemistry for Safe Aromatherapy*. London: Churchill Livingstone.

Riggs, A. (2007), *Deep Tissue Massage; A visual Guide*. California: North Atlantic Books.

**Journals**

International Journal of Essential Oil Therapeutics

Journal of Clinical Aromatherapy

Journal of Alternative and Complementary Medicine

International Journal of Therapeutic Massage & Bodywork: Research, Education, & Practice  
Reflexions